

Caroline Haslett Primary School		
PSHE	Year 1	Be friendly be wise
Knowledge - what I already know		Vocabulary
<ul style="list-style-type: none"> Who my friends are in school. Who I can talk to if someone is unkind to me. That bullying is not tolerated at CHPS. That crossing the road can be dangerous. 		<ul style="list-style-type: none"> Bully/ bullying - Someone who is unkind to someone else more than once Deliberate - When something is done on purpose Friends - Someone who you play with and can trust Emergency - When someone is at risk of harm and needs help Hazard - Something that could be unsafe and cause an accident Dangerous - Something that could seriously harm you Safe - Something that will not hurt you in any way Prevent - A way to stop something dangerous from happening
Knowledge - what I will know by the end of this unit		
<ul style="list-style-type: none"> How to make friends Why we fall out with our friends Learn how to manage angry feelings Know what to do when I'm being bullied Know some hazards in the home Know how to cross a road safely 		
Activities		
<ul style="list-style-type: none"> Making a 'wanted' poster for a friend. Thought shower what makes a good friend Give and receive compliments (whole class activity) Read story about falling out and role play how to solve the problem Thought shower about why we fall out Blow up a balloon to illustrate how anger triggers can get out of control Draw yourself, show how anger might feel and what it looks like in you Discuss what makes us angry Link to Anti-Bullying week assembly Awards for good friend, being kind to someone and refusing to join in with unkind behaviour Invite fire officer to school to discuss about keeping safe. Local visitor about road safety Make a poster about fire safety/ road safety Role play an emergency/ calling 999/ crossing the road 		
Skills		
<ul style="list-style-type: none"> Take part in discussions with one other person and the whole class, and take part in a simple debate about topical issues Agree to follow rules for group and classroom and understand how rules help them. Recognise the choices they make and recognise the difference between right and wrong. Recognise the effect of their behaviour on other people and cooperate with others. 		