

Caroline Haslett Primary School

RSE	Year 4	Growing up
Knowledge - what I already know	Vocabulary	
<ul style="list-style-type: none"> I know that we grow and change I know some physical changes as we grow 	<ul style="list-style-type: none"> Puberty - a process of develop in adolescents to reach sexual maturity Lifecycle - a series of changes in the life of a human Reproduction - the production of offspring Physical - changes that you can see Pregnancy - a period of time that a woman grows a baby in the womb Breasts - organs on a woman's body that produce milk after childbirth Sperm - male reproductive cell Egg - female reproductive cell Pubic hair - hair grown on the private areas of your body Emotions - strong feelings based on circumstances, mood & relationships Ambition - a strong desire to achieve something Practical - be effective in real circumstances, it's feasible Personality - a combination of characteristics or qualities Lifestyle - the way in which a person lives Variety - difference and diversity Opportunity - a chance to achieve something great Resentment - feeling bitter about a situation Shock - a sudden and upsetting event or experience Rejected - dismiss as inadequate or unacceptable 	
Knowledge - what I will know by the end of this unit		
<ul style="list-style-type: none"> To explore the human life cycle To identify some basic facts about puberty, reproduction and pregnancy To learn about the physical changes during puberty To share my wishes, hopes and dreams To embrace positive change To recognise and deal with unwelcome change 		
Activities		
<ul style="list-style-type: none"> Draw the life cycle of a human (a baby, your current self, your future self) Discussion about changes in puberty and discuss facts about pregnancy Discussion: we all experience puberty differently. We experience different emotions during puberty Draw 4 hopes, wishes and dreams for the future. Divide paper into 4 sections labelled a physical change, a practical achievement, a personality trait & change in lifestyle What would the world be like without change? Is change good? Why is change sometimes scary and uncomfortable? Draw pictures of a group you belong to. 		
Skills		
<ul style="list-style-type: none"> Take part in discussions with one other person and the whole class, and take part in a simple debate about topical issues Identify and respect differences and similarities between people Recognise choices they can make and recognise the difference between right and wrong. Recognise the effect of their behaviour on other people, and cooperate with others Recognises changes in the human lifecycle Recalls basic facts about reproduction, puberty & pregnancy Can explain how changes can be both positive and negative 		