

Caroline Haslett Primary School – RE

**Topic: Unit 3 - Christianity;
Islam; Judaism; Sikhs;
Hindus**

Year 6

Do clothes express belief?

Knowledge

Many religious groups base their clothing rules upon religious guidance.

Some clothing rules come from tradition and can show belonging to a group.

The way that people dress is used by many to pass judgements about others. There are many situations in which precise dress codes are required; some people choose for themselves; others are required.



Activities

- Set up an investigation and explore the dress code of Sikhs, Muslims, Hindus, Christians or Jews. What is the dress code that you discover? What do the items tell us? Does the dress code apply to men and women? What does this tell us?
- Look for links to beliefs that dictate the code for what people wear.
- Listen to interviews with young believers. Do clothing rules/codes help people to feel part of their community? Do they restrict them? Does the fact that they can or can't wear certain items limit their freedom? Does it help them to behave better? Does it make them think about their faith more?
- Design a dress code for a particular belief.

Vocabulary

- **Crucifix** – an image of Jesus on the cross
- **5 Ks** – in Sikhism the five items that Guru Gobind Singh commanded Khalsa Sikhsto wear at all times.
 - **Kesh** (uncut hair)
 - **Kangha** (a wooden brush for the hair)
 - **Kara** (a metal bracelet)
 - **Kachera** (a type of undergarment)
 - **Kirpan** (a dagger)
- **Keski** – the small turban worn to protect the kesh
- **Habit** – a long, loose garment worn by a member of a religious order
- **Hijab** – a head covering worn in public by some Muslim women
- **Niqab** – a veil for the face that leaves the eyes clear worn by some Muslim women with an accompanying headscarf



Skills

- Describe and link up religious beliefs with religious behaviour with regard to clothing, showing understanding of the symbols used
- Annotate a picture, showing understanding of what it means to belong to a religion by describing how it feels to wear the clothing
- Suggest some answers to questions about why people choose to wear certain clothing
- Create a statement of personal belief in response to the main question, referring to religious belief as well as your own ideas